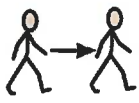


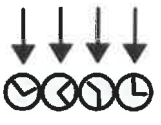





  
Activities - Life Skills

    -    
Follow a Morning Routine - Can you ...

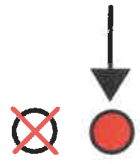
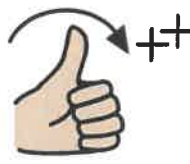

  
Wake up

    
Choose your breakfast

  
Brush your teeth

  
Get dressed





  
Make your bed




 Other  skills  to Practice



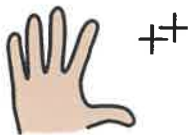
 Wash  the  dishes



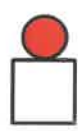


Practise tying your laces

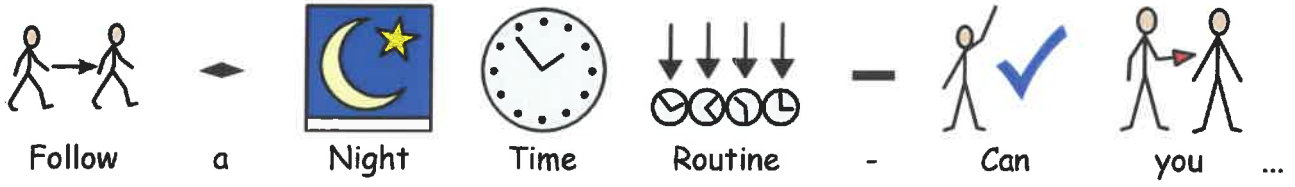
 Read  a  book  together

 Make  a  sandwich

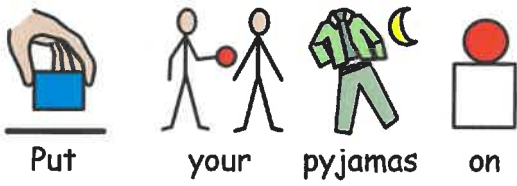
 Wash  your  hands

 Hang  the  clothes  on  the  washing line  or  put  them

 on  the  radiator



Have a bath



Brush your teeth

